



# BE INSPIRED BY A REMARKABLE YOUNG BRITISH ADVENTURER



Jasmine Harrison is a British adventurer who loves to travel and tackle new challenges. In 2021, she achieved world-wide recognition when she became the youngest female, aged 21, to row solo across the Atlantic.

The following year she swam the full length of the British Isles and will, by now, have sailed single handed round the world – proving that age, gender and background are no barrier to a positive mindset.

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## ROTARIAN JASMINE HARRISON GIVES TALK IN HEXHAM

**WED | 13<sup>TH</sup> | MAY**

**7.30pm (Bar Open from 6.30pm)**

**TYNEDALE MART  
FUNCTION SUITE,  
HEXHAM**

**TICKETS** Adults: £18.00  
Students: £12.00

To buy tickets email Rotarian Andy Pryor  
at [hexhamrotary@wea1898.co.uk](mailto:hexhamrotary@wea1898.co.uk)

Proceeds from the  
evening will be donated  
to the Hexham Rotary  
Club Disaster Fund

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**PLUS** Q & A session after Jasmine's Talk  
Chaired by BBC's Carol Malia.

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**OVERLEAF READ MORE ABOUT JASMINE...**

# ADVENTURER JASMINE HARRISON - BIOGRAPHICAL DETAILS



The Atlantic row, dubbed the 'World's Toughest Row' saw Jasmine row up to 20 hours a day in conditions from flat calm to 10-metre-high waves with lows of capsizes, injuries and physical exhaustion to the highs of amazing wildlife and sunsets in rowing over 3000 miles.

In 2022 Jasmine became the first female (and third person ever) to swim the full length of the British Isles from Land's End to John O'Groats, swimming nine hundred miles in 110 days.

She will just have completed the Mini Globe Race, a solo sail around the world, in a home-made 5.8m long yacht. There were only two female entrants and she is the youngest competitor. She has sailed solo across the Atlantic, Pacific and

Indian Oceans to finish in Antigua in March 2026, a total voyage of 28,000 miles.

Having raised over £30k for environmental causes, including Shelter Box, The Blue Marine Foundation, Surfers Against Sewage and Sea Shepherd UK she remains a keen advocate for ocean health, sharing her stories through talks and motivational speeches.

Jasmine is a double Guinness World Record holder, a sailing squadron associate of the Royal Yacht Squadron and holds the freedom of her hometown Thirsk, North Yorkshire. When at home Jasmine loves to be with her dogs and she works as a swimming teacher and lifeguard.

She has proved that age, gender, and background are no barrier to a positive mind-set. She is keen to encourage everyone to be self-reliant and if someone wants to take on a personal challenge, of any level, then they should just do it!

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## JOIN ROTARY AND MAKE A WORLD OF A DIFFERENCE.

### About our Hexham Club

We are part of a worldwide organisation meeting together as a local club and helping to make a difference in our community and abroad.

We warmly welcome Men and Women of all ages and backgrounds to enjoy the benefits of:

- Meeting new friends and hearing inspirational speakers.
- Leading on Environmental and Youth projects.
- Involvement with Social Projects and community events.
- Fundraising for local charities and International causes.

If you would like to learn more, please visit our club website at [www.hexhamrotary.co.uk](http://www.hexhamrotary.co.uk) or contact Brian Massey on (01434) 603827 or email to [mbmassey2@gmail.com](mailto:mbmassey2@gmail.com)

Rotary  
Club of Hexham

